

DOW INTERNATIONAL MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS- BATCH 2031
FOUNDATION-I MODULE (2026)
TIME TABLE: WEEK 1

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
MON 19/1	ANATOMY Levels of organization of human body Dr. Farrukh Mustafa	PHYSIOLOGY Body fluid compartments Extra cellular fluid and internal environment Dr. Uzair Abbas		Group A = HISTOLOGY Introduction to Microscopy HISTO LAB- Dr Nazia Group B = MICROBIOLOGY (Practical) Account of Microbiology Lab, Use of Microscope MICRO LAB Dr. M. Moazzam Tauheed Group C = PHYSIOLOGY PRACTICAL Different Parts of the Compound Microscope PHYSIO LAB Dr. Misha/Dr. Asma	L U N C H	SELF STUDY
TUES 20/1	PHYSIOLOGY Control System in the Body: Homeostatic mechanism of major functional system Dr. Tooba Noor	HISTOLOGY Introduction to microscopy Dr. Nazia	T E A	B = HISTOLOGY Introduction to Microscopy HISTO LAB- Dr. Shaheen C = MICROBIOLOGY (Practical) Account of Microbiology Lab, Use of Microscope- MICRO LAB A = PHYSIOLOGY PRACTICAL Different Parts of the Compound Microscope- PHYSIO LAB	B R E A K A N D	BEHAVIORAL SCIENCES Introduction to behavioral sciences Dr. Sidra Abbasi
WED 21/1	BIOCHEMISTRY The Importance of macromolecules in Organization of living system Dr. Uzama Zaman	SELF STUDY	B R E A K	C = HISTOLOGY Introduction to Microscopy HISTO LAB- Dr. Nazia A = MICROBIOLOGY (Practical) Account of Microbiology Lab, Use of Microscope- MICRO LAB B = PHYSIOLOGY PRACTICAL Different Parts of the Compound Microscope- PHYSIO LAB	N A M A Z	MODULE ORIENTATION Dr. Afshan Mehboob
THU RS 22/1	PATHOLOGY Introduction of pathology & Outline of cellular response to stress and injury Prof. Dr. Uzma Bukhari	PHARMACOLOGY Introduction to Pharmacology Dr. Shah Nawaz Jamali		A= PATHOLOGY PRACTICAL: An introduction to pathology laboratory PATHO LAB- Dr. Nehad B= SELF STUDY C= SELF STUDY	E Z O H A	SELF STUDY
Fri 23/1	ANATOMY (Demo) Anatomical positions, & Anatomical planes Dr. Tanzeela	STUDY SKILLS Learning Styles Dr. Munizha Nisar		10:30 AM – 12:00 PM B=PATHOLOGY PRACTICAL: An introduction to pathology laboratory. PATHO LAB C= SELF STUDY A= SELF STUDY		
Sat 24/1	ANATOMY (Demo) Terminologies: Terms of Movement Dr Shaheen	SELF STUDY		C= PATHOLOGY PRACTICAL: An introduction to pathology laboratory PATHO LAB A= SELF STUDY B= SELF STUDY		COMMUNITY MEDICINE Introduction to community medicine/Public Health Dr. Zulifqar Shiekh